

The Hightower Report

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Commitments of Traders Summary

Friday, May 22, 2026

Futures & Options Summary - Data As Of: 5/19/2026									
	Commercial			Non-Commercial			Non-Reportable		
	Net Position	Wk Change	52wk Rank	Net Position	Wk Change	52wk Rank	Net Position	Wk Change	52wk Rank
Combinations									
CBOT Grains	-426,973	-37,073	2	532,924	-25,589	50	-105,950	62,661	2
Crude Oil Complex	-382,250	12,953	16	309,922	-9,332	38	72,328	-3,620	40
CBOT Grains and Soy Complex	-781,488	-61,403	2	846,795	-15,603	50	-65,305	77,006	2
Non-Financial	-1,565,636	13,435	4	1,488,634	-77,022	49	77,010	63,596	29
Combined Soy Complex	-534,589	-12,967	2	527,628	-8,893	50	6,963	21,861	34
Crypto Currency									
Bitcoin	-2,267	-116	2	2,095	865	48	172	-750	25
Bitcoin Micro	636	43	42	-3,966	511	48	3,330	-555	4
Ether	-3,841	-315	6	3,569	3,138	49	273	-2,821	17
Ether Micro	1,044	943	40	-2,487	307	42	1,442	-1,253	4
Currencies									
Canadian	34,310	22,252	12	-30,363	-14,894	41	-3,947	-7,357	19
Dollar	-1,503	3,150	10	-535	-3,717	39	2,037	566	52
Euro	-28,007	24,814	48	-6,170	-18,794	5	34,177	-6,020	1
Energies									
Crude Oil	-286,297	7,195	16	253,524	-8,126	39	32,773	931	37
Heating Oil	-30,986	-282	38	4,849	2,273	6	26,138	-1,990	40
Natural Gas	171,892	12,501	46	-190,607	-13,337	4	18,715	837	37
Gas (RBOB)	-64,967	6,040	29	51,549	-3,479	24	13,417	-2,561	44
Financials									
Bonds	114,987	32,244	52	-196,427	-17,731	1	81,440	-14,513	3
Dow Jones \$5	5,256	5,971	37	-8,485	-5,590	15	3,228	-382	32
Nasdaq Mini	-4,673	-15,715	49	160	14,137	3	4,515	1,580	19
E-Mini S&P	28,998	-2,908	19	-119,691	1,780	33	90,693	1,127	36
T-Notes	733,297	34,827	36	-804,137	-57,665	23	70,841	22,838	15
Grains									
Canola Oil	-15,677	16,198	26	17,269	-16,257	27	-1,592	58	17
Corn	-250,665	-33,852	3	324,327	-21,513	49	-73,662	55,365	2
KC Wheat	-4,471	10,552	7	5,689	-10,502	44	-1,218	-49	28
Minn Wheat	-29,715	3,273	4	29,764	-2,615	49	-49	-658	15
Soybeans	-180,074	11,363	10	213,757	-18,879	42	-33,682	7,516	12
Soymeal	-181,742	-23,312	1	154,597	12,508	52	27,145	10,804	47
Soyoil	-172,773	-1,018	4	159,274	-2,522	48	13,500	3,541	47
Wheat	3,766	-14,584	2	-5,160	14,803	51	1,394	-220	29
Livestock									
Feeder Cattle	-6,450	-3,078	36	12,795	2,285	8	-6,345	794	50
Hogs	-25,531	5,266	52	32,255	-5,976	1	-6,723	712	52
Cattle	-117,713	-4,023	18	139,502	-1,125	24	-21,788	5,148	35
Metals									
Copper	-85,896	-317	1	75,840	1,297	52	10,056	-980	22
Gold	-181,905	23,670	52	148,660	-16,514	1	33,246	-7,155	7
Palladium	1,967	1,125	43	-2,917	-840	15	951	-285	6
Platinum	-22,365	2,539	39	17,097	-2,922	17	5,267	382	20
Silver	-42,802	2,045	39	24,742	-2,628	16	18,061	584	14
Softs									
Cocoa	19,954	2,879	43	-20,878	-2,536	9	924	-343	23
Coffee	-13,896	5,787	49	14,619	-5,661	4	-723	-126	3
Cotton	-110,642	11,508	3	99,113	-7,496	50	11,529	-4,013	47
Sugar	38,948	-14,041	6	-51,291	17,794	47	12,343	-3,752	47
Green Cells = Extreme Long / Red Cells = Extreme Short									

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