

The Hightower Report

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Commitments of Traders Summary

Friday, March 13, 2026

Futures & Options Summary - Data As Of: 3/10/2026									
	Commercial			Non-Commercial			Non-Reportable		
	Net Position	Wk Change	52wk Rank	Net Position	Wk Change	52wk Rank	Net Position	Wk Change	52wk Rank
Combinations									
CBOT Grains	-340,217	-158,110	1	432,192	181,403	52	-91,974	-23,291	1
Crude Oil Complex	-484,153	-32,663	1	389,508	30,132	52	94,645	2,530	52
CBOT Grains and Soy Complex	-568,124	-220,130	1	624,958	240,511	52	-56,834	-20,379	3
Non-Financial	-1,238,246	-338,101	1	1,145,507	350,196	52	92,734	-12,096	47
Combined Soy Complex	-418,570	-76,326	1	423,720	75,924	52	-5,151	402	5
Crypto Currency									
Bitcoin	-1,322	-460	3	1,265	282	50	57	178	14
Bitcoin Micro	293	7	35	-4,777	-1,541	39	4,485	1,534	17
Ether	-2,487	-214	25	2,229	-85	29	257	299	19
Ether Micro	1,506	315	44	-3,691	-400	23	2,184	84	16
Currencies									
Canadian	-43,038	-21,267	1	33,915	16,789	52	9,122	4,476	52
Dollar	5,296	39	33	-5,942	-900	20	646	861	44
Euro	-102,157	31,091	47	61,235	-23,100	9	40,923	-7,990	7
Energies									
Crude Oil	-356,205	-54,351	1	301,488	53,519	52	54,717	830	52
Heating Oil	-37,867	6,065	27	13,931	-4,830	20	23,937	-1,234	35
Natural Gas	164,651	-20,158	47	-188,400	19,260	5	23,749	898	49
Gas (RBOB)	-90,081	15,623	10	74,089	-18,557	40	15,991	2,934	52
Financials									
Bonds	-179,771	-13,582	1	39,652	16,916	52	140,120	-3,333	40
Dow Jones \$5	424	653	29	-2,138	-786	23	1,714	133	32
Nasdaq Mini	-22,383	-21,589	42	23,893	21,369	20	-1,510	222	10
E-Mini S&P	48,932	-9,006	20	-117,732	30,149	33	68,800	-21,141	19
T-Notes	584,630	-103,146	6	-621,323	100,246	52	36,693	2,901	3
Grains									
Canola Oil	-78,855	-40,463	14	79,823	39,658	40	-967	806	30
Corn	-177,111	-144,763	1	228,233	166,744	52	-51,122	-21,981	4
KC Wheat	-2,239	-4,470	2	7,290	5,106	51	-5,052	-638	3
Minn Wheat	-18,254	-11,040	1	18,097	11,182	52	156	-144	17
Soybeans	-190,663	-14,306	6	230,954	16,816	49	-40,291	-2,510	1
Soymeal	-115,598	-27,944	1	92,973	25,184	52	22,625	2,760	38
Soyoil	-112,309	-34,076	1	99,793	33,924	52	12,515	152	50
Wheat	27,557	959	3	-26,995	-2,157	50	-561	1,200	19
Livestock									
Feeder Cattle	-5,636	-278	43	14,283	-454	10	-8,647	734	43
Hogs	-116,452	-1,823	18	135,680	2,790	38	-19,227	-966	1
Cattle	-94,416	5,921	44	116,050	-5,905	9	-21,634	-15	39
Metals									
Copper	-63,320	6,412	15	51,956	-4,989	41	11,363	-1,424	30
Gold	-207,367	-3,555	45	165,679	5,788	6	41,689	-2,232	42
Palladium	-1,408	216	21	-166	-305	35	1,574	90	29
Platinum	-21,035	-983	38	14,747	1,267	14	6,288	-284	39
Silver	-40,849	-1,793	49	23,736	1,062	5	17,113	730	3
Softs									
Cocoa	20,262	4,487	52	-22,371	-5,014	1	2,108	527	24
Coffee	-15,165	-3,803	48	15,084	3,610	5	80	193	4
Cotton	18,336	-7,132	3	-22,703	7,444	49	4,368	-311	49
Sugar	189,119	-46,303	45	-194,327	37,531	5	5,208	8,772	45

Green Cells = Extreme Long / Red Cells = Extreme Short

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