

# The Hightower Report

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## Commitments of Traders Summary

Friday, January 23, 2026

Futures & Options Summary - Data As Of: 1/20/2026									
	Commercial			Non-Commercial			Non-Reportable		
	Net Position	Wk Change	52wk Rank	Net Position	Wk Change	52wk Rank	Net Position	Wk Change	52wk Rank
<b>Combinations</b>									
CBOT Grains	155,956	23,135	29	-127,527	-28,188	23	-28,429	5,052	43
Crude Oil Complex	-277,625	-39,656	18	231,338	22,023	35	46,286	17,629	25
CBOT Grains and Soy Complex	191,441	18,340	33	-180,943	-23,377	19	-10,498	5,036	36
Non-Financial	-302,999	10,421	49	222,501	-24,709	3	80,496	14,281	44
Combined Soy Complex	9,513	994	33	-8,053	-2,875	22	-1,461	1,879	14
<b>Crypto Currency</b>									
Bitcoin	-403	-317	9	232	253	42	171	63	20
Bitcoin Micro	0	0	5	-5,599	-536	10	5,599	536	45
Ether	-3,031	-127	16	2,647	215	38	384	-87	29
Ether Micro	-13,508	-13,508	1	10,493	13,659	52	3,015	-151	28
<b>Currencies</b>									
Canadian	45,761	-100	3	-42,301	847	50	-3,461	-747	36
Dollar	6,268	2,583	37	-6,397	-2,701	15	130	119	32
Euro	-138,869	22,187	25	93,994	-18,799	30	44,875	-3,388	17
<b>Energies</b>									
Crude Oil	-165,575	-33,588	34	145,535	22,081	18	20,039	11,506	29
Heating Oil	-32,117	-5,812	26	14,402	1,608	27	17,715	4,202	25
Natural Gas	182,172	7,464	52	-194,049	-5,476	1	11,877	-1,987	15
Gas (RBOB)	-79,933	-256	7	71,401	-1,666	44	8,532	1,921	37
<b>Financials</b>									
Bonds	-106,244	25,350	14	-16,489	-37,122	41	122,733	11,772	35
Dow Jones \$5	-100	4,196	26	-3,302	-3,927	17	3,402	-269	40
Nasdaq Mini	-33,880	8,574	32	21,292	-6,522	15	12,588	-2,051	39
E-Mini S&P	-40,724	-23,868	10	-75,725	41,028	40	116,449	-17,160	36
T-Notes	713,605	-163,997	34	-787,642	174,193	27	74,036	-10,196	8
<b>Grains</b>									
Canola Oil	86,218	-6,238	48	-84,760	6,449	5	-1,457	-209	14
Corn	90,263	11,453	29	-76,336	-12,785	22	-13,927	1,332	39
KC Wheat	12,674	5,584	9	-6,630	-4,489	46	-6,044	-1,096	1
Minn Wheat	16,573	229	18	-16,634	-695	37	61	466	15
Soybeans	-25,972	5,789	23	45,363	-7,686	29	-19,392	1,895	22
Soymeal	16,821	22,892	15	-33,782	-24,895	39	16,961	2,003	10
Soyoil	18,664	-27,687	45	-19,634	29,706	9	970	-2,019	7
Wheat	91,665	5,893	41	-96,554	-7,717	12	4,890	1,825	42
<b>Livestock</b>									
Feeder Cattle	-7,674	-1,442	40	15,817	706	11	-8,143	737	46
Hogs	-94,978	-18,256	27	110,003	21,061	27	-15,025	-2,805	6
Cattle	-102,259	10	41	122,810	-163	10	-20,551	153	50
<b>Metals</b>									
Copper	-69,049	-1,953	6	51,683	708	44	17,366	1,245	52
Gold	-270,945	8,257	17	223,928	-6,535	32	47,018	-1,721	50
Palladium	-3,142	132	2	1,235	-371	50	1,907	238	43
Platinum	-21,575	2,134	40	14,951	-2,585	10	6,624	451	47
Silver	-45,527	8,478	52	24,615	-6,010	1	20,911	-2,469	37
<b>Softs</b>									
Cocoa	20,250	6,740	52	-19,578	-8,638	1	-671	1,899	9
Coffee	-34,523	4,028	41	34,272	-3,069	14	251	-960	1
Cotton	22,035	-1,357	3	-25,381	2,095	49	3,345	-739	45
Sugar	165,813	11,839	47	-154,605	-9,652	7	-11,208	-2,186	5

Green Cells = Extreme Long / Red Cells = Extreme Short

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