

The Hightower Report

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Commitments of Traders Summary

Friday, January 16, 2026

Futures & Options Summary - Data As Of: 1/13/2026									
	Commercial			Non-Commercial			Non-Reportable		
	Net Position	Wk Change	52wk Rank	Net Position	Wk Change	52wk Rank	Net Position	Wk Change	52wk Rank
Combinations									
CBOT Grains	132,821	135,529	28	-99,339	-108,493	25	-33,481	-27,035	36
Crude Oil Complex	-237,969	-11,950	39	209,315	13,646	17	28,657	-1,691	17
CBOT Grains and Soy Complex	173,101	95,415	32	-157,566	-74,112	21	-15,534	-21,301	33
Non-Financial	-313,420	107,520	49	247,210	-79,902	4	66,215	-27,604	35
Combined Soy Complex	8,519	10,365	33	-5,178	-8,538	23	-3,340	-1,826	10
Crypto Currency									
Bitcoin	-86	-793	17	-21	772	37	108	22	17
Bitcoin Micro	0	0	5	-5,063	-54	29	5,063	55	33
Ether	-2,904	-455	16	2,432	394	37	471	60	38
Ether Micro	0	0	7	-3,166	-393	33	3,166	394	30
Currencies									
Canadian	45,861	10,633	3	-43,148	-2,719	50	-2,714	-7,916	39
Dollar	3,685	-766	22	-3,696	187	28	11	579	30
Euro	-161,056	33,421	9	112,793	-27,792	47	48,263	-5,629	24
Energies									
Crude Oil	-131,987	-8,024	40	123,454	16,122	15	8,533	-8,097	9
Heating Oil	-26,305	979	30	12,794	-5,265	25	13,513	4,288	17
Natural Gas	174,708	18,822	52	-188,573	-19,909	1	13,864	1,086	22
Gas (RBOB)	-79,677	-4,905	7	73,067	2,789	45	6,611	2,118	27
Financials									
Bonds	-131,594	-16,379	7	20,633	23,405	47	110,961	-7,026	33
Dow Jones \$5	-4,296	4,946	15	625	-3,483	29	3,671	-1,462	45
Nasdaq Mini	-42,454	6,465	25	27,814	-3,240	23	14,639	-3,226	43
E-Mini S&P	-16,856	11,142	15	-116,753	-15,386	29	133,609	4,244	49
T-Notes	877,602	-9,768	50	-961,835	27,910	6	84,232	-18,144	14
Grains									
Canola Oil	92,456	-4,565	49	-91,209	5,473	4	-1,248	-908	15
Corn	78,810	85,968	27	-63,551	-68,301	25	-15,259	-17,666	39
KC Wheat	7,090	3,876	4	-2,141	-2,333	51	-4,948	-1,543	2
Minn Wheat	16,344	460	17	-15,939	336	39	-405	-797	5
Soybeans	-31,761	50,479	19	53,049	-42,919	33	-21,287	-7,560	18
Soymeal	-6,071	-11,949	9	-8,887	10,675	44	14,958	1,275	5
Soyoil	46,351	-28,165	48	-49,340	23,706	5	2,989	4,459	13
Wheat	85,772	-918	32	-88,837	2,727	21	3,065	-1,809	32
Livestock									
Feeder Cattle	-6,232	861	43	15,111	-1,031	10	-8,880	169	44
Hogs	-76,722	817	35	88,942	-1,201	19	-12,220	384	19
Cattle	-102,269	-7,876	41	122,973	8,474	10	-20,704	-597	50
Metals									
Copper	-67,096	3,513	6	50,975	-4,723	44	16,121	1,210	52
Gold	-279,202	-18,849	12	230,463	16,720	34	48,739	2,129	52
Palladium	-3,274	-492	1	1,606	611	52	1,669	-118	35
Platinum	-23,709	358	31	17,536	-833	18	6,173	477	43
Silver	-54,005	-3,368	44	30,625	2,093	4	23,380	1,275	50
Softs									
Cocoa	13,510	15,179	52	-10,940	-13,084	1	-2,570	-2,094	2
Coffee	-38,551	-1,445	36	37,341	1,123	18	1,211	324	11
Cotton	23,392	700	4	-27,476	744	48	4,084	-1,444	47
Sugar	153,974	11,947	45	-144,953	-7,119	9	-9,022	-4,828	7
Green Cells = Extreme Long / Red Cells = Extreme Short									

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